

# LYNDSAY ALLYN COX, CSA, AEA

LyndsayAllynCox.com | Boston, MA | she/they

## SUMMARY

Multi-hyphenate arts and fitness professional with two decades of experience as a producer, actor, casting director, and acting coach, and a dedicated practice as a yoga and fitness instructor. I bring a holistic understanding of performance, people, and movement with a strong track record of identifying and developing talent and building supportive, high-energy creative spaces.

## RELEVANT EXPERIENCE

### Producing Director & Casting — The Huntington

Boston, MA | May 2023 - September 2025

- Lead Casting Director and Producer
- Collaborated with artistic team on season planning and production staffing
- Oversaw development of new work, artistic budgets, and co-productions
- Supervised a multi-person artistic team including the casting associate and resident producer

### Freelance Actor, Producer, Director, Casting Director – Various

June 2004 - Present

- Equity actor with 50+ credits across theatre, film, and commercial work
- Freelance casting director for theatre productions, readings, workshops and interdisciplinary experiences
- Acting coach for adult actors across theatre, tv, and film
- Award winning director and producer of theatrical and live performance projects

### Founder and Casting Director — LCKC Casting

Boston, MA | September 2025 - Present

- Lead casting director supporting projects both large and small across theatre, tv, and film
- Soup to nuts management of the casting process from building and maintaining talent list to running in-person and virtual auditions
- Experience working with both agents and directors to meet specific casting needs
- Coaching adult actors for both on stage and on-camera work

## **Senior Instructor & Head of Brand and Community — Down Under School of Yoga**

Boston, MA | 2022 - Present (Instructor) | 2025 - Present (Leadership)

- Teach Hot Power, Vinyasa Flow, and Yoga Sculpt classes weekly
- Lead teacher promotion efforts to increase teacher presence and student engagement
- Lead creation of and management of corporate and community partnerships and associated events
- Oversee all marketing efforts including social media, newsletter, website

## **ADDITIONAL EXPERIENCE**

### **Director of Theatre Arts | Senior Director of Programs & Experiences — Boston Center for the Arts**

Boston, MA | 2018-2020 (Director of Theatre) | 2020-2021 (Senior Director); 2022-2023 (contract)

- Visioned and produced live & virtual programming across artistic disciplines
- Led major artistic residencies including ACTivate and Run of the Mills
- Produced Hella Black, a curated series celebrating Black voices

### **Managing Director — Fresh Ink Theatre**

Boston, MA | 2012-2017

- Oversaw daily operations, staff, budgets, and season programming
- Produced new work and led successful fundraising efforts

## **EDUCATION & TEACHING**

Part-Time Lecturer, Boston University College of Fine Arts | 2024-Present

BA Theatre Performance, Appalachian State University

Post-Bacc Acting, University of Florida

Former Montessori teacher and teacher trainer | 2007 - 2018